

# Become a MEMBER

ESAN  
FREEPOST ANG8234  
IPSWICH  
IP3 8ZZ

\* Help us to help others \*

\* Keep in touch \*

\* Free Gift \*



Open Days

Conferences

Newsletters

# ESAN MEMBERSHIP FORM

## 1<sup>ST</sup> APRIL 2010 to 31<sup>ST</sup> MARCH 2012

### Why are members needed ?

- As a registered charity, we need at least 10 members to attend the AGM
- Funders are increasingly requesting evidence of membership and user involvement
- To help us develop our services and influence the provision of mental health services in Suffolk.

### Who can be a member?

- Someone who has had or continues to experience mental health issues.
- Someone who works in the field of mental health
- Anyone who supports the work we do.

### What are the benefits of membership?

- Advance notice of events
- A free copy of our monthly newsletter 'The Balance'
- Personal invitations to ESAN events and priority booking
- Invitations to member-only events

It's free – not even a stamp needed . Simply complete the form and send to the freepost address on the back of this leaflet.

Members receive a membership card and free pen.

Name .....

Address .....

.....

.....

Postcode .....

Telephone .....

Signed.....Date.....

### Local Area (Please circle one only)

**Bury St Edmunds**

**Ipswich**

**Lowestoft**

1. Members are eligible to vote from 7 days after their name is entered in the membership book.
2. Members who by their behaviour bring ESAN into disrepute will have their membership terminated, though they have the right to be heard at a management committee meeting (accompanied by a friend) if they disagree with the decision.

**Membership is renewable on 1<sup>st</sup> April each year.**